

Attracting Love During a Pandemic?

It certainly has been an interesting year. And I know, especially for those of you who are single, the challenges can feel even greater. The good news is that life appears to slowly opening up again. However, there is still time to make sure you are on the right path to finally attracting the love of your life.

So even though this past year has come with many challenges, I happen to be the kind of person that always is looking for the learning and opportunities when challenges arise.

So what might this opportunity provide for you?

First, if you have wanted to be in a loving, supportive relationship, and this is a deep desire of



yours...I KNOW in every fiber of my being, this is your TRUTH. But if it has not happened yet, maybe there are still some areas of your own life that needs to be focused on.

For many years, I deeply desired to attract the love of my life. Having a happy, healthy intimate relationship has turned out to be one of my . I also happen to be really good at it!

It took many years and several relationships, but I finally attracted the love of my life.

I had a lot to learn. I had a lot to heal. And I had to learn to love myself in ways I had never loved, cared for and appreciated before.

And, yes, it took me many years.

But that does not have to be your reality!

You see, I now know what it takes to finally attract the love of your life.

The first step begins with YOU.

How are you doing?

How are you feeling about yourself and your life?

What is it about yourself that you are most proud of?

What still worries you? Concerns you?

How easily do you trust? In yourself, life, and love?

EXERCISE: I suggest you take some time to do an assessment of your past. Get out your journal and list the significant relationships you have had. Next to each name, write out the following:

1. What was it about this person that initially attracted you?
2. What was it about the relationship that was loving, nourishing and fulfilling?
3. What happened that doubt began creeping in? Or were you taken by surprise when they decided they no longer wanted to be in a relationship?
4. Looking back, was there anything that you overlooked because you wanted to see the best in this person?
5. What did you learn by being in this relationship? What did this relationship provide that is going to have you be more alert to ALL of who this person is.
6. What has this relationship provided that now makes the list of what a new relationship must have? What you now realized you MUST receive and have in a relationship.

When you are finished, you can now go back and write out the relationship qualities, characteristics and experiences that are most important to you today.

And the last piece: Who are YOU committed to being in your relationship? What are you committed to providing?

To attract the quality of relationship that you deeply desire, you must first go within and create a happy, healthy and fulfilling relationship with yourself.

And if you would like to find out more how you can move forward more easily, feel free to reach out to me! You can email me at wendy@wendydarling.com or book a 30 minute complimentary



'heart to heart' so I can learn more about your specific circumstances. Go to:
www.wendydarling.com/schedule.

I wish you LOVE!

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