

The Value of Hope

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What do you hope for? Is it health, peace, happiness, money, friends, family, love...?

We all hope for something. Part of life is the ability to hope. What happens when a person has no hope? Isn't that when our spirit is troubled because our chance to orchestrate change gets more and more difficult? If we do not have the hope for change from situations that are not positive, where is the drive to do more and be more? Hope is a very important part of life.

What do you hope for? Does your hope drive your actions? Are you inspired by hope? What would your life be like if you did not have hope?

Years ago Jesse Jackson coined the phrase 'keep hope alive'. Hope is a motivating force that drives us to continue living and striving for our dreams. Hope is an important value for us as humans, a value that has a lot to do with quality of life. If we manage the things we hope for, keep them realistic and achievable – perhaps that's a value that would lead to a more meaningful and joyful life.

What do you hope for? How does your hope drive your thoughts and behaviors? What value do you place on hope?

I hope you never lose the value of hope.

To learn more about Norma's work with Authenticity, take the Authenticity Assessment at <http://www.AuthenticityAssessment.com>.