

## What if Everything you Learned is Wrong?

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Have you ever considered that everything you have learned in life is wrong?

I know this is a strong statement and maybe not everything is wrong. But what if much of what you have learned is wrong?

This is the position I found myself in when I was 28 years old. I had done everything my parents had said to do and I was miserable. I had the husband, job, house, car and many other things but I felt empty inside. I was confused because I had followed instructions yet nothing was working. It was all wrong.

So I stopped doing what I was doing and started on a path that led me to know myself so I could figure out what to do with myself. This is the journey that led me to authenticity and to develop the programs that help others know themselves better. I had no idea it would take so long.

It's interesting that the most valuable part of my life came from a hidden emptiness. I could not get on my authentic path until I realized that the path I was on wasn't working. As I reflect I realize that this is also how I started my speaker bureau 25 years ago. I was in a full-time job directing a non-profit that was very difficult to manage. My contract was not renewed and this led me to find a new passion which was fulfilled by running the bureau.

What is it in your life that isn't working? Is it a job, a relationship, where you live, bills or what? How can this current situation of doing the wrong things transform to finding your authentic passion? When what you are doing is wrong for your goals, your spirit, your energy and your future, it's time to make a change. Some changes are easy to make and some take lots of preparation and adjustments.

Whatever change you want to make, the hardest part is making the decision. Take time to think about it, speak to friends and associates about it then take action. The process you take to transform your life could be the answer you need to increase meaning, joy and happiness in your life.

Stop living a life that is wrong for you. Embrace your authenticity and step into transformation. You will not regret it!

*Norma Hollis is an Authenticity Expert who helps individuals find, live and share their authentic voice. She offers programs and services to bring out the best in you so that you gain clarity, courage and discover paths to cash in on your authenticity. Norma is the creator of the Authenticity Grid and has transformed people, all over the world, to live a life of authenticity. Learn more about Norma at <http://www.NormaHollis.com>. Claim a free copy of her book, **Ten Steps to Authenticity** at <http://www.BookFromNorma.com>.*